



Canteen Menu

G : Everyday Items
 O : Occasional Items
 V : Vegetarian
 GF : Gluten Free



Sandwiches

Vegemite or Jam	\$2.70 G
Cheese	\$3.20 G
Ham	\$3.60 G
Cheese & Tomato	\$4.20 G
Ham & Cheese	\$4.40 G
Ham, Cheese & Tomato	\$5.00 G
Chicken, Cheese & Mayo	\$5.00 G
Egg & Lettuce w/Mayo	\$5.00 G
Salad	\$5.00 G
Sweet Chilli Chicken w/Lettuce	\$5.00 G
Chicken, Lettuce & Mayo	\$5.00 G
Chicken, Cheese & Tomato	\$5.00 G
Ham & Salad	\$5.50 G
Chicken & Salad	\$5.50 G
Gluten Free Bread Add	\$0.50 G

Fresh Fruit

Fruit Pieces : Apple, Watermelon Mandarin (Seasonal)	\$2.00 G
Watermelon Bowl	\$6.00 G
Fruit Salad Bowl	\$6.60 G

Ice Blocks 99% Juice

Frozen Juice Cup	\$2.20 G
Apple, Orange, ABC	
Fruity Ices : Various Flavours	\$1.00 G
Sour Snap Stix : Various Flavours	\$1.60 G

Ice Blocks are not put in your lunch order bag
 Ask your child to take the lunch bag to the canteen and collect it at the start of playtime

Noodle Cups

Chicken	\$4.00 O
Beef	\$4.00 O
Tom Yum Hot & Spicy Shrimp	\$4.00 O
Oriental Vegetarian V	\$4.50 O

Noodle Cups are not put in lunch order bags
 Ask your child to go to the canteen at lunch to collect it

Pasta & Rice

Butter Chicken & Rice Regular GF	\$5.60 G
Butter Chicken & Rice Large GF	\$7.60 G
Bolognese Pasta Beef Sauce	\$5.60 G
Creamy Chicken Pasta	\$5.60 G
Lasagna Beef	\$6.20 G
Macaroni & Cheese V	\$6.20 G
Fried Rice V GF	\$5.20 G
Chicken Fried Rice GF	\$5.60 G

Wraps

Salad	\$7.00 G
Sweet Chilli Chicken, Lettuce & Mayo	\$7.00 G
Chicken, Lettuce & Mayo	\$7.00 G
Chicken, Cheese & Tomato	\$7.30 G
Ham & Salad	\$7.30 G
Chicken & Salad	\$7.30 G
Chicken Caesar Salad	\$7.30 G
Falafels w/Lettuce, Tomato	\$7.30 G

Sushi Rolls Gluten Free

Teriyaki Chicken GF	\$5.00 G
Tuna GF	\$5.00 G

If you would like a Soy Sauce write it on your order

Extras

Sauce Portions : BBQ, Tomato	\$0.50
Salad Extras : Tomato, Beetroot Carrot, Cucumber	\$0.70 G
Cheese Slice, Cheese Shredded	\$0.70 G
Egg	\$0.70 G
Chicken, Ham	\$1.50 G
Toast Any Sandwich	\$0.50 G

Drinks

Popper Juice Apple, Orange, ABC	\$2.70 G
Water	\$2.70 G
Plain Milk	\$3.30 G
Oak Milk : Chocolate, Strawberry	\$3.60 G
Glee : Grape, Watermelon, Tropical	\$3.80 G
Groove : Watermelon, Raspberry	\$3.80 G
Up N Go	\$3.90 G
Hot Chocolate	\$3.00 G
Ice Tea : Peach, Raspberry	\$5.00 O
Aloe Vera : Grape	\$5.00 O

Snacks

Popcorn GF	\$1.50 G
Brownie	\$1.50 O
Chips 27g	\$2.90 O
Jelly Bowl GF Collect at the Canteen	\$2.90 G
Banana Bread	\$3.20 O
Piranha Rice Snaps GF V	\$3.30 O
Homemade Muffin Chocolate	\$5.00 O

Mexican Nachos

Beef Nachos Beef Sauce GF	\$6.00 O
Cheesy Nachos Cheese Sauce V	\$6.00 O
Add Cheese To Your Nachos	\$0.70

Salads

All New
25% Larger

Garden GF	\$7.00 G
Lettuce, Tomato, Cucumber, Beetroot, Carrot	
Caesar	\$7.00 G
Lettuce, Croutons, Egg, Cheese	
Sweet Chilli Chicken	\$7.50 G
Lettuce, Tomato, Cheese, Sweet Chilli Mayo	
Chicken Caesar Salad	\$7.50 G
Falafel Salad GF	\$7.50 G

Hot Bites

Chicken Nuggets	x1	\$1.00 O
	x4	\$4.00 O
	x6	\$5.40 O
Chicken Wings Hot & Spicy	x1	\$2.20 G
Hash Brown V		\$2.00 O
Garlic Bread		\$3.30 G
Mini Spring Rolls V	x3	\$4.40 G
Hot Dog With Sauce		\$4.50 G
Chicken Nuggets Gluten Free	x6	\$6.00 O

Pies & Pastries

Mini Pie Beef	\$2.20 O
Sausage Roll	\$4.70 O
Meat Pie Beef	\$6.00 O
Spinach & Ricotta Roll V	\$6.40 O

Toasted Wraps

Cheese V	\$3.30 G
Ham & Cheese	\$4.70 G
BBQ Chicken & Cheese	\$6.40 G
Sweet Chilli Chicken & Cheese	\$6.40 G
Doner Kebab Meat & BBQ Sauce	\$6.80 G

Homemade Pizza

Only Available Monday to Thursday

Cheese Tomato Sauce V	\$5.20 G
Ham & Cheese Tomato Sauce	\$6.00 G
Pepperoni & Cheese Tomato Sauce	\$6.00 G
Doner Kebab Meat & Cheese BBQ	\$6.20 G

Burgers

Chicken Burger Lettuce & Mayo	\$6.20 G
Chicken & Cheese Burger Mayo	\$6.20 G
Beef Burger	\$6.20 G
Beef & Cheese Burger	\$6.60 G
Aussie Beef Burger	\$6.80 G
Beef Pattie, Lettuce, Tomato, Beetroot, BBQ Sauce	
Vege Burger V	\$6.80 G
Smashed Falafels, Lettuce, Tomato, Mayo	

MEAL DEALS



Register For
Online Ordering
Flexischools.com.au

Monday


Hot Dog 

Pick 1: Hot Dog \$7.80 G

Pick 1: Popcorn, Watermelon
Apple

Pick 1: Popper Juice, Water

Tuesday

Homemade Pizza 

Pick 1: Cheese V \$8.00 G
Ham & Cheese \$8.90 G

Pepperoni & Cheese \$8.90 G

Pick 1: Popcorn, Watermelon
Apple

Pick 1: Popper Juice, Water

Wednesday

Pasta & Rice

Pick 1: Butter Chicken & Rice \$8.80 G
Bolognese Pasta \$8.80 G

Fried Rice V \$8.20 G

Pick 1: Popcorn, Watermelon
Apple

Pick 1: Popper Juice, Water

Thursday

Burgers 

Pick 1: Chicken & Cheese \$9.20 G
Beef & Cheese \$9.50 G
Vege V \$9.50 G

Pick 1: Popcorn, Watermelon
Apple

Pick 1: Popper Juice, Water